

General Lesson Plan

Nyasha's Patience Pays Off

General Learning Outcomes :

- The student will be able to develop patience, empathy and compassion (which helps counter bullying).
- The student will be able to develop vocabulary.

Ages : 6 years old and over

Word count : 393

Themes : compassion, vocabulary development, patience, empathy

Time Frame: Total of 25-30 minutes

The class sits comfortably in a circle on the floor.

The teacher explains at the beginning that it is important to be patient (to wait); that no one interrupts the spokesperson, the one holding the special object.

The responsibilities are to listen attentively, only taking a second turn to speak when no one comes forth wanting a first turn to speak. Raise your hand and wait until named before asking a question.

Before the reading (5 minutes)

Discussion : Have you ever had to wait for something you really wanted? How did you react?

During the reading : (10-12 minutes)

- A) Have students share the reading if multiple copies of the book are in the classroom or if the book is projected.
- B) A student can respond with an action, for example raise a hand or clap their hands, every time she or he notices a word related to a chosen above mentioned theme.

After the reading : (10-13 minutes) This can be done in groups.

- A) Discussion to ensure proper understand of the meaning of patience.
- B) How was patience shown in this story?

A fun activity to do related to the story *'Nyasha's Patience Pays Off* to further develop patience is:

-Today, do your best to be patient. Try skip counting by 1, 2 or 5 in order and backwards; sing a song; breathe, read or do whatever your heart desires to pass the time in a pleasant way. Do your best to stay patient and not get frustrated. At the end of the day, reflect on how you did.

I hope you enjoy these activities!
Shelley Rudderham
shelleyrudderham@gmail.com